

HEALTH



Paving the ROAD to better HEALTH



United Way of Metropolitan Dallas, with your support, is on a mission to change lives in North Texas. We are committed to achieving robust 10-year community goals in the areas of education, financial stability and health. When you give directly to United Way, you support our work identifying, developing, funding and monitoring programs that create lasting impact.

10-YEAR GOAL

Improve **community health** across the region.

Prevent **Obesity**
Reduce **Substance Abuse**
Eliminate **Domestic Violence**

Develop **Healthy Moms and Babies**
for the first six years of life

Increase **The Number of Individuals Accessing Physical and Mental Health Care**

PROGRESS

Since 2011, United Way has invested \$30.8 million in the most effective health programs in our community and **expanded access to health care to 1.1 million people.**



 Helped put **26,680** people on the path to sobriety.

SUBSTANCE ABUSE

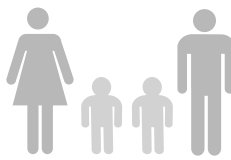
We currently fund 57 programs focused on key health and wellness strategies.

 **PREVENTIVE CARE**
Helped over **98,980** children through prenatal care and well-child visits.



FAMILY VIOLENCE

Helped **294,980** women, children, and seniors feel safer in their homes and communities.



Helped over **223,700** people get on the path to a healthier weight.

OBESITY

 United Way's **Healthy Zone School Recognition Program**,[®] a partnership with The Cooper Institute that encourages healthy behaviors, has reached 76,350 students across 117 schools and 14 school districts.

NEED

Although we're making progress, United Way of Metropolitan Dallas still needs your help. Your involvement is our most powerful resource.

HEALTH

OVER 780,000 people in the United Way service area do not have health insurance. Texas has the highest uninsured rate in the nation.

PRENATAL CARE

NEARLY 5,000 infants within the United Way service area were born at low birth weight.

ER VISITS

81% of Emergency Room visits are avoidable.

OBESITY

32.7% of children are obese or overweight.
67.1% of adults are obese or overweight.

HOW WILL *you* GET INVOLVED?



GIVE
When you give to United Way, the whole community gets to keep the change!



ADVOCATE
Speak out. Your community needs you. Have a conversation with someone today about how United Way creates lasting change in our communities.



VOLUNTEER
Change won't happen without you. Share your time and talent in an invaluable way to give back and impact the lives of your neighbors.

Bringing people together to improve lives and create lasting change in North Texas

For more info, visit UnitedWayDallas.org/scorecard